

Station Number

AFFIX CANDIDATE
LABEL HERE

CANDIDATE No:.....

Instructions for Candidates

Scenario

John Kelly is a 29-year-old man with schizophrenia who has recently been commenced on Clozapine (9 weeks ago). His mental state is now stable, although there are some doubts about future compliance from the nursing staff. He lives alone. His parents have retired and live in Spain. He has two or three supportive friends that live nearby.

His discharge package is:

1. review by the consultant one week following discharge and monthly thereafter
2. he will be seen by a CPN every two weeks
3. he has a social care officer (SCO) to help him with his transition to his own flat
4. he is attending the local Clozapine clinic (this is based at the hospital)
5. he has been referred to the occupational therapy department to look at structured activities

Instructions

Explain the discharge and the arrangements with him.

**PLEASE REMEMBER TO HAND YOUR IDENTITY LABEL TO THE
EXAMINER**

Station Number

AFFIX CANDIDATE
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Communication Skills: Discharge Arrangements

CANDIDATE No:.....

Instructions for Patients

Answer questions based on the following scenario.

Do not volunteer information unless asked.

This station tests the candidate's skills in giving a patient who is to be discharged from hospital, a large amount of information about follow-up arrangements.

You are John Kelly, a 29-year-old man.

Key Attributes

You are about to be discharged from hospital, and are free of symptoms. You are a little anxious about the arrangements. You find that your concentration is slightly impaired, and you get easily distracted if the explanations aren't clear to you. You are a little uncertain about being discharged, and want to know exactly what is happening.

Key Dialogue

As stated above, you have no active symptoms of illness. You have gained some weight with the Clozapine and find it makes you sedated. Otherwise, you think you are willing to take it.

You live alone and are looking forward to living in your own flat. Your parents live about 2-3 miles away, and you have some friends nearby. You want to join a local gym to lose some weight. You don't have many appliances and are unsure how to get them.

If the candidate **does not** give you the following information, you should ask the following questions:

1. *When do you get to see your consultant?*
2. *Why do you have to see a CPN as well as your consultant?*
3. *What does the social care officer do?*
4. *What happens if you forget to take your Clozapine?*
5. *Do you need to have your blood checked every week forever?*

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Communication Skills: Discharge Arrangements

CANDIDATE No:.....

Instructions for Examiners

***REMEMBER TO ASK THE STUDENT FOR THEIR IDENTITY LABEL AND
AFFIX IT TO THE TOP OF THE MARK SHEET.***

This station tests the following abilities:

1. The ability to convey important information to a patient about to be discharged from hospital.
2. Confidence in answering questions.
3. Ability to assess relevance of information, ensuring that priority is given to certain aspects of the discharge arrangements.

Station Number

Examiner's Name:

.....

AFFIX CANDIDATE
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Communication Skills: Discharge Arrangements

CANDIDATE No:.....

Marking Sheet

Please circle the appropriate mark for each criterion. The standard expected is that of a psychiatric Senior House Officer.

Criterion	Performed competently	Performed, but not fully competent	Not performed		
Approach to the patient – Rapport, empathy, and style	2	1	0		
Appropriate introduction to topics	2	1	0		
Explains clearly the nature and purpose of (one point for each, up to a maximum of 5):					
1. medical review	1	½	0		
2. social care officer	1	½	0		
3. CPN	1	½	0		
4. Clozapine clinic	1	½	0		
5. OT	1	½	0		
Stresses the importance of follow-up in terms of relapse prevention	2	1	0		
Clozapine (one point for each, up to a maximum of 2):					
• Explains regularity of blood monitoring, and change to fortnightly after 18 weeks	1	½	0		
• Warns of importance of regular monitoring	1	½	0		
• Advice if Clozapine is missed for 48 hours	1	½	0		
Ensures that patient knows exactly who they are seeing, and when	1	½	0		
Gives patient opportunity to ask questions	2	1	0		
Overall Approach to Task	4	3	2	1	0

Score (Max 20)

Overall Grading of station

Clear Pass

Borderline

Clear Fail