

Station Number

AFFIX CANDIDATE
LABEL HERE

CANDIDATE No:.....

Instructions for Candidates

Scenario

David Jones is a 67-year-old man. He has been referred by his GP because of memory problems over the last six months.

Instructions

Perform the Mini-Mental State Examination.

The examiner will ask you for the patient's score at the end of the 7 minutes.

**PLEASE REMEMBER TO HAND YOUR IDENTITY LABEL TO THE
EXAMINER**

Station Number

AFFIX CANDIDATE
LABEL HERE

Examination Skills: MMSE

CANDIDATE No:.....

Instructions for Patients

Allow the candidate to test specific skills without interruption. Please do not ask them what they are doing – the examiner should be doing this.

This station tests the candidate's skills in administering a standardised test of mental function – the Mini Mental State Examination.

You are David Jones, a 67-year-old man with recent memory problems.

Key Attributes

You comply fully with the examination. You are requested to simulate the following deficits in your memory:

Key Dialogue

Orientation

- You give the correct year, season, month, and day
- You give the incorrect date (it should be 2 days previously)
- You give the right country, county/ state, town, and hospital.
- You do not know the ward/ exact location you are in

Registration

- You need a second try to remember the three objects.

Attention and Concentration

- If you are asked to do 'serial 7s', your answers should be: 100, 93, 87, 80, 72, 65
- If you are asked to spell 'world' backwards, you answer: DLORW

Recall

- You are only able to remember the first object, and struggle to remember the other two

Language

- You are able to name a pen and watch
- You repeat without fault, "no ifs, ands, or buts"
- You comply successfully with the 3-stage instruction

Read and obey

- You pause slightly before closing your eyes, when presented with the instruction to 'CLOSE YOUR EYES'
- You should write the following sentence, if requested: 'It's a cold day'
- You should copy the diagram accurately, but a little wobbly

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Examination Skills: MMSE

CANDIDATE No:.....

Instructions for Examiners

REMEMBER TO ASK THE STUDENT FOR THEIR IDENTITY LABEL AND AFFIX IT TO THE TOP OF THE MARK SHEET.

This station tests the candidate's proficiency in administering the Mini Mental State Examination. It also tests:

1. Sensitivity in performing the test on someone with memory problems
2. Ability to complete the full examination within 7 minutes, which requires good time-management skills

The precise order is not crucial, although:

1. There should be adequate time between registration and recall
2. It is sensible to combine many of the 'pen & paper' tasks

Station Number

Examiner's Name:

.....

AFFIX CANDIDATE LABEL HERE

Examination Skills: MMSE

CANDIDATE No:.....

Marking Sheet

Please circle the appropriate mark for each criterion. The standard expected is that of a psychiatric Senior House Officer.

Criterion	Performed competently	Performed, but not fully competent	Not performed		
Approach to the patient – Rapport, empathy, and style; explains what they are going to do	2	1	0		
Orientation (1 point for each of the following):					
• Location	1	½	0		
• Time	1	½	0		
Registration (1 point for each of the following):					
• Appropriate choice of words	1	½	0		
• Repeats until learnt by patient	1	½	0		
Attention and Concentration:					
• Serial 7's, or	1	½	0		
• WORLD backwards					
Recall	1	½	0		
Language (one point for each of the following):					
• Name – pen & watch	1	½	0		
• “no ifs, ands, or buts”	1	½	0		
• 3-stage command	1	½	0		
Read and Obey – “Close your eyes”	1	½	0		
Write a sentence	1	½	0		
Copy diagram (should consist of two pentagons, which intersect to form a diamond)	1	½	0		
Overall Score of 24 (1 point given if within 1 of this score)	2	1	0		
Overall Approach to Task	4	3	2	1	0

Score (Max 20)

Overall Grading of station

Clear Pass

Borderline

Clear Fail

Station Number

Examination Skills: MMSE

Requirements for this station

The following should be made available for this station:

1. If the candidate does not have paper and a pen, these should be provided.