Instructions for Candidates

Scenario
Jason Scott is a 34-year-old man charged with assault. He has been admitted twice before to a psychiatric hospital but has received no formal diagnosis. He was brought up to the ward by the police because of his behaviour.

Instructions
Elicit a history of antisocial personality disorder.
Instructions for Patients

Answer questions based on the following scenario.

Do not volunteer information unless asked.

This station tests the candidate’s ability to take a history from a patient. They have been asked to ask about specific aspects of your personality, which involves questions about many different aspects of your life.

You are Jason Scott, a 34-year-old man.

Key Attributes
You are a little annoyed at attending, but ‘know the system’ sufficiently to be aware that it’s in your best interests to comply. Your solicitor has also made this clear, and you freely admit this.

If the candidate asks about things in a clumsy way (for example, when asking about relationships implies that you may be gay), you are to get annoyed and angry. Similarly, if the questions seem very intrusive to you, you should refuse to answer the question.

Key Dialogue
Growing up
• When you were younger, you frequently used to skip school with your mates. You were stopped often by the police, or other authorities because of vandalism or minor theft.

Forensic History
• You have been convicted around 12 times of some kind of violent crime. You think that you have around 4 convictions for breach of the peace, six for assault, and two for serious assault.
• Your most recent conviction was six months ago when you were arrested for assaulting someone in a bar, using a pool cue. It was only your friends’ intervention that prevented you from seriously harming the other man.
• You have been in prison three times; your longest sentence was for six months for serious assault.

Relationships
• You have had a number of girlfriends in the past, and have always found it fairly easy to establish relationships with women
• However, your relationships don’t tend to last longer than a few weeks or months. You frequently get jealous, and have been very suspicious of your girlfriends in the past. If asked, you will admit that you have been violent towards them when they answer back.
• You have a girlfriend currently, but she has told you she is not happy because you are always asking where she is going.
Lack of guilt
• When asked about remorse for your actions, you have little real feeling for the victims of your crime. You state that the people you assaulted in the pub or the street were “trouble-makers” and were asking for it. You don’t have any real guilt or remorse over what you have done.

Low tolerance to frustration
• You really don’t like it when you have to take into account other people’s problems or apparent failings. A good example is being stuck in traffic – you can’t abide it and frequently become rude, or flashing your lights.
• If someone cuts in front of you in a queue you will often get angry quite quickly, and cannot tolerate it.

Callousness
• Some of your friends and ex-girlfriends have called you “selfish”, saying that you do things only for yourself, and not caring for others. You will often act without thinking of potential consequences on others, and you generally don’t care what they think or how they might feel.

Tendency to Blame Others
• You tend to find it difficult to accept responsibility for your actions:
  o You blame the person you assaulted in the pub for provoking you.
  o It was your girlfriends’ fault for not doing what you wanted.

Enduring nature of problems
• You would agree that most of your personality traits have been present for a long time – you have always been like this
• Such problems have been present at school, growing up, and since you were a teenager

Personal History
• Currently, you work as a painter and decorator. You have been working in the company for six months. You get on okay with the people that you work with, but aren’t particularly close.
• You have had numerous semi-skilled jobs in the past. Your longest job was about 9 months (in a paint company). You have lost many jobs because of your temper, and typically you blame your boss.
• You smoke around 20 cigarettes per day. You drink most nights with your mates. You will usually have around 4-5 pints a night. You play football at the weekend and only drink on Saturday nights. You can go for days without having a drink, and you feel that you can control your drinking.
• You smoke cannabis occasionally, but not all the time. You have tried speed and LSD in the past but haven’t used stimulants for a number of years.
Instructions for Examiners

*REMEMBER TO ASK THE STUDENT FOR THEIR Identity Label AND AFFIX IT TO THE TOP OF THE Mark Sheet.*

This station tests the following areas:

1. Knowledge of the symptoms of antisocial personality disorder.
2. Ability to take a history of symptoms of antisocial personality disorder.
3. Skills in maintaining rapport with someone who may be hostile at interview, and reluctant to be honest in their replies.

The candidate is expected to be able to inquire about all six criteria for ICD-10 antisocial personality disorder, establish enduring nature of symptoms, and determine that the individual experiences personal distress and/or dysfunction.

It is also expected that the candidate satisfies themselves that the personality characteristics in question are enduring, and not due to any current mental illness.

The candidate has *not* been asked to take a history of a specific crime, antecedents (unless directly relevant to the personality, e.g. impulsiveness), or motives. No marks should be awarded for such an approach.
**Marking Sheet**

*Please circle the appropriate mark for each criterion. The standard expected is that of a psychiatric Senior House Officer.*

<table>
<thead>
<tr>
<th>Criterion</th>
<th>Performed competently</th>
<th>Performed, but not fully competent</th>
<th>Not performed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Approach to the patient – Rapport, empathy, and style</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Callousness</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Irresponsibility</td>
<td>2</td>
<td>1</td>
<td>0</td>
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<tr>
<td>- Forensic history</td>
<td></td>
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<tr>
<td>Short relationships</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Low tolerance to frustration</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>- History of violence</td>
<td></td>
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<tr>
<td>Lack of guilt</td>
<td>2</td>
<td>1</td>
<td>0</td>
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<tr>
<td>Tendency to blame others</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Establishes that symptoms/ behaviour is an enduring pattern of behaviour</td>
<td>1</td>
<td>½</td>
<td>0</td>
</tr>
<tr>
<td>Establishes that the individual suffers as a result of disorder</td>
<td>1</td>
<td>½</td>
<td>0</td>
</tr>
<tr>
<td>Overall Approach to Task</td>
<td>4</td>
<td>3</td>
<td>2</td>
</tr>
</tbody>
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Score (Max 20) 

**Overall Grading of station**

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<th>Clear Pass</th>
<th>Borderline</th>
<th>Clear Fail</th>
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